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| **SUBJECT: PSHE SECONDARY** | **PSHE CURRICULUM PLAN (Secondary)**Planning toolkit to guide medium plans and quality assured resources for each theme can be found on the school network ( S:PSHE).Doncaster School for The Deaf PSHE curriculum is guided by the PSHE association  |
|   | **Relationships** | **Living in the wider world** | **Health and Wellbeing** |
| **Year 11** | **Communication in relationships**Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse **Recap previous**PSHE Association - Teaching about consent NSPCC - Making sense of relationships Alice Ruggles Trust – Relationship safety | **Families**Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships**Recap previous**PSHE Association – Family Life: Exploring relationships, marriage and parentingFreedom Charity - FGM and Forced Marriage | **Next steps**Skills for further education, employment and career progressionMeeting with careers advisorCV / interviewsBarclays - Life Skills | College transitions Summer term 2 | **Building for the future**Future opportunities**Recap of previous years learning/ causes and effects of stress and strategies** PSHE Association - Mental Health and Emotional WellbeingPSHE Association - The Sleep FactorRiseAbove – Dealing with changeRiseAbove – Exam stress | **Independence**Responsible health choices, and safety in independent contexts**Recap previous**First aid /self checking Movember - Happier, healthier, longerBritish Red Cross – First AidBritish Heart Foundation – Call Push RescueNaCTSO - Run, hide, tellTeenage Cancer Trust – What is cancer?Coppafeel! – Breast cancer awareness |
| **Year 10** | **Healthy relationships**Relationships and sex expectations, myths, including the impact of the media and pornography**Recap previous**PSHE Association - Teaching about consentNSPCC – Making sense of relationshipsHome Office & GEO - Disrespect NoBodyAlice Ruggles Trust – Relationship safe | **Addressing extremism and radicalisation**Communities, belonging and challenging extremismPSHE Association – Inclusion, belonging and addressing extremismTrueTube - “Extremists’ lesson plan | **Financial decision making**The impact of financial decisions, debt, gambling and the impact of advertising on financial choicesCifas – Anti Fraud EducationDemos & GambleAware - Resilience to gambling National Crime Agency - Exploring Cybercrime**Recap previous and look at debt.** | **World of work** / **Future**Visits to places of work , employers , employability events and challengesVisit to Colleges Meeting with careers advisorBarclays - Life Skills**Recap previous years** | **Mental health**Mental health and ill health. Signposting support and strategies Repetition/ review of previous years learning**PSHE Association - Mental Health and Emotional****Wellbeing****Movember - Happier, healthier, longer****Alzheimer’s Society - Creating a dementia-friendly****generation****Samaritans - DEAL** | **Exploring influence**The influence and impact of drugs, gangs, role models and the media**Recap Year 8 and 9** Home Office - #knifefreeMedway Public Health - Gangs: Managing risks and staying safe\*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020 |
| **PSD Link** | **Managing Social Relationships** | **Managing Own Money****Community Action****Individual Rights & Responsibilities****Preparation For Work** | **Healthy Living****Making the Most of Leisure Time** |
| **Year 9** | **Respectful relationships**Families and parenting, healthy relationships, conflict resolution, and relationship changes ( signposting how to get support).**Cumbria Council - Tackling homelessness****Coram Life Education – Adoptables Schools Toolkit****GEO - Anti-homophobic, biphobic and transphobic****bullying project** | **Intimate relationships (IMPORTANT)**Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography**PSHE Association - Teaching about consent****Medway Public Health Directorate –****Relationships and Sex Education****Home Office & GEO - Disrespect NoBody****NSPCC -Making sense of relationships****BBFC- Making choices: sex, relationships and****age ratings** | **Setting goals**Career options and goal setting Visits to places of work , employers, employability events and challengesMeeting with careers advisor**Barclays - Life Skills****Recap Y7 and Y8** | **Employability skills**Employability and online presenceEnterprise Skills/ Enterprise Challenge and recap Y7 &8 Cifas -Anti-Fraud EducationBank of England – EconoMEBarclays - Life Skills | **Healthy lifestyle**Diet, exercise, lifestyle balance and healthy choices, and first aid (Inc testicular self examination )**PSHE Association - The Sleep Factor RiseAbove- Sleep****RiseAbove – Exam stress****RSPH & the Health Foundation - Health from****here to where****Samaritans - DEAL****Movember - Happier, healthier, longer Teenage Cancer Trust – What is cancer? Coppafeel! – Breast cancer awareness** | **Peer influence, substance use & gangs**Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation**Medway Public Health – Gangs: Managing risks****and staying safe****Home Office - #knifefree****RiseAbove – Alcohol****NaCTSO – Run, hide, tell****\*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020** |
| **Year 8** | **Discrimination**Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobiaGEO - Anti-homophobic, biphobic and transphobic bullying projectDimensions - #ImwithSam | **Identity and relationships**Gender identity, sexual orientation, consent, ‘sexting’, and an introduction to contraception**PSHE Association - Teaching about consent****Medway Public Health Directorate – Relationships****and Sex Education****NSPCC - Making sense of relationships****BBFC- Making choices: sex, relationships and age****ratings****GEO - Anti-homophobic, biphobic and transphobic bullying project** | **Community and careers**careers and life choices, and different types and patterns of workincl: about employment, self-employment and voluntary workhow to set aspirational goals for future careers and challenge expectations that limit choices**Barclays - Life Skills** | **Digital literacy**Online safety, digital literacy, media reliability, and gambling hooksCifas - Anti-Fraud EducationChildnet – Crossing the lineChildnet – Trust MeRiseAbove – Online stress and FOMORiseAbove – Body image in a digital worldNational Crime Agency - Exploring CybercrimeBBFC - Making choices: sex, relationships and age ratings | **Emotional wellbeing**Mental health and emotional wellbeing, including body image and coping strategies**PSHE Association - Mental Health and Emotional****Wellbeing****Movember - Happier, healthier, longer****RiseAbove – Dealing with change****Rise Above – Online stress and FOMO****Media Smart - Body Image and Advertising****Diana Award & ASOS - #MySenseOfSelf** | **Drugs and alcohol**Alcohol and drug misuse and pressures relating to drug use**RiseAbove - Smoking****RiseAbove - Alcohol****\*The PSHE Association will be releasing a drug and alcohol education programme in summer 2020** |
| **Year 7** | **Diversity**Diversity, prejudice, and bullying Incl: the signs and effects of all types of bullying, including onlineRiseAbove – Bullying and cyberbullying Childnet – Crossing the line | **Building relationships**Self-worth, romance and friendships (including online) and relationship boundariesPSHE Association - Teaching about consentMedway Public Health Directorate – Relationshipsand Sex EducationNSPCC - Making sense of relationshipsRiseAbove – Forming positive relationshipsBBFC- Making choices: sex, relationships and age ratingsDiana Award & ASOS - #MySenseOfSelf | **Developing skills and aspirations**Careers, teamwork and enterprise skills, and raising aspirations (about a broad range of careers and the abilities and qualities required for different careers)Bank of England - EconoME Barclays - Life Skills | **Financial decision making**Saving, borrowing, budgeting and making financial choicesBarclays - Life SkillsBank of England - EconoME | **Health and puberty**Healthy routines, influences on health, puberty, unwanted contact. The dangers of FGM and other enforced body mutilations such as circumcision, foot binding, breast binding, neck rings.Incl:healthy lifestyle choices including diet, dental health, physical activity and sleepPSHE Association - The Sleep FactorMedway Public Health Directorate – Relationships and Sex EducationFreedom Charity - FGM and Forced Marriage FORWARD - FGM Schools Resource Pack RiseAbove - PubertyRiseAbove- SleepBeyty - it’s perfectly natural | **Transition and safety** (Autumn term)Personal safety in and outside school, including first aid. Friendships<https://riseabove.org.uk/article/dealing-with-change/>British Heart Foundation – Call Push RescueBritish Red Cross – First Aid |
|  | **Relationships** | **Living in the wider world** | **Health and Wellbeing** |

**Core Careers/ living in the wider world :**

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| **Core KS4/ Y9** | Continue to develop an on-going curriculum vitae (CV) based on their achievements, experiences, interests and skills in order to enhance their employability.Access and analyse realistic, impartial guidance on education/career/ work routes.Understand, analyse and make decisions about individual pathways in education, training and work.Visit colleges |
| **Core KS3** | Use a variety of sources to search for information about a range of work and learning opportunities.Find out about the different types of work that are available and how work patterns are changing. Describe your abilities, interests and skills. List your achievements in and out of school. Identify any obstacles to future plans and decide how they might be overcome |